## Full Report (All Nutrients) 45134667, CHEF BOYARDEE Mini Ravioli and Meatballs In A Microwaveable Bowl, UNPREPARED, GTIN: 00064144047567

Based on the GS1 Global Data Synchronization Network, Powered by 1WorldSynch

Report Date: May 26, 2017 21:28 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 bowl 212g	1 Value Per100 g
Proximates					
Energy	kcal			250	118
Protein	g			7.99	3.77
Carbohydrate, by difference	g			31.99	15.09
Sugars, total	g			6.00	2.83
Minerals					
Calcium, Ca	mg			19	9
Iron, Fe	mg			1.80	0.85
Potassium, K	mg			310	146
Sodium, Na	mg			600	283
Vitamins					
Vitamin C, total ascorbic acid	mg			0.0	0.0
Vitamin A, IU	IU			199	94
Lipids					
Fatty acids, total saturated	g			3.50	1.65
Fatty acids, total monounsaturated	g			4.01	1.89
Fatty acids, total polyunsaturated	g			1.51	0.71
Fatty acids, total trans	g			0.00	0.00
Cholesterol	mg			15	7

## Amino Acids

## Other

## **Ingredients**

Tomatoes (Tomato Puree, Water), Water, Meatballs (Pork, Dark Chicken, Mechanically Separated Chicken, Beef, Water, Crackermeal [Enriched Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, May Contain Guar Gum], Soy Protein Concentrate, Salt, Caramel Color, Flavorings, Soybean Oil, Citric Acid), Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), High Fructose Corn Syrup, Beef, Crackermeal (Enriched Wheat Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine

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Mononitrate, Riboflavin, Folic Acid], May Also Contain Guar Gum), LESS THAN 2% OF: Modified Corn Starch, Salt, Bleached Wheat Flour, Soybean Oil, Carrots, Textured Vegetable Protein (Soy Protein Concentrate, Caramel Color), Caramel Color, Enzyme Modified Cheese (Cheddar Cheese [Pasteurized Milk, Cultures, Salt, Enzymes], Cream, Water, Salt, Sodium Phosphate, Xanthan Gum, Carotenal [Color]), Flavorings. CONTAINS: MILK, SOY, WHEAT Date Last Updated by Company: 09/08/2016